

obtain further information by telephoning 0845 850 0030

Storage

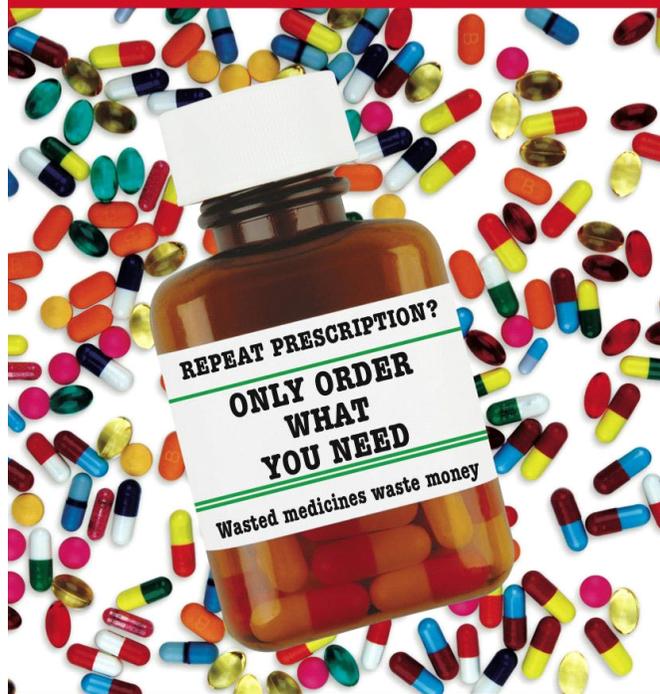
Most medicines need to be stored in a cool dry place, well out of the reach of children. Don't forget when you obtain a new supply of medicine, to use up all your old stock first. Some medicines may need storage in a fridge. On a hot day, don't leave your medication in a car for too long! Your local pharmacy can give you further advice. You should always read the patient information leaflet inside the packet of medication as well as the instructions on the dispensing label.

Prescription Expiry

All NHS prescriptions must be dispensed within 6 months of the date printed on the prescription.

If you order a prescription and do not collect it within four weeks, it will be destroyed.

HELP US MAKE MORE OF YOUR LOCAL NHS 



Before ordering your next repeat prescription, pick up a leaflet and talk to your GP surgery or pharmacist.
www.medicinewaste.westmidlands.nhs.uk

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Ulleries Road
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B92 8ED

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Hobs Moat Medical Centre



Repeat Prescriptions



All you should ever need to know!

Repeat Medication

When you and your doctor agree that you will need to take regular medication, the drug or drugs will be added to your repeat medication record. This means you will be allowed to order a certain number of prescriptions without seeing the doctor. Once you reach the end of this period, e.g. three months/six months, the doctor will review your records to see if you either need a blood test, to come in for a review, whether the medication can be stopped or whether it will be re-added to your repeat so you can continue to order.

28 Day Prescribing

When you order a repeat prescription, the amount of medication you receive will be for no more than a 28 day supply. The only exceptions to this are medications that are packaged in amounts greater than a 28 days supply e.g. HRT, contraceptive pill and any other medicine where the dosage varies according to clinical need e.g. Warfarin.

The Department of Health recommends a maximum of 28 days supply for repeat prescriptions to help you

manage your medications safely. Nationally and locally, it has been estimated that about 10% of medicines prescribed are wasted. One study found a 28 day prescribing policy reduced the amount of medication wasted by a third. It also helps prevent stockpiling of medication, the danger of taking medication past its expiry date or wastage caused when a medication is changed.

All unused or unwanted medicines should be returned to your local pharmacy for safe disposal.



Did you know that medicines returned to your pharmacy can never be reused and that they have to be destroyed—even if they have never been opened? Help us to reduce wastage and make the best use of NHS resources. In Solihull well over £1 million per year of drugs are returned to our community pharmacist for safe disposal.

We will always try to be flexible with prescription requests for longer periods of medication for holiday requirements.

Ordering Medication

Please allow 2 working days between ordering and collecting your prescription. You can order on line at

www.hobsmoatmedicalcentre.co.uk

Or you can drop your prescription request in to us, or through our letterbox when we are closed, or send in by post. We only take prescription requests over the telephone for patients over the age of 70 or who are house-bound. This is to reduce the risk of any mistakes occurring.

Please request each of your repeat medicines on the same day each month and do not allow yourself to run out of medicine before you order some more. This will help the Practice deal

Prescription Charges

with your request more efficiently.

If you do have to pay prescription charges and need more than 4 prescription items in 3 months, or 15 in 12 months, you can save money by buying a Prescription Prepayment certificate. From 1st April 2009, a single item on a prescription will cost £7.20, a prepayment certificate for 3 months costs £28.25 and for 12 months £104.00.